

KIDS FIRST POCAHONTAS

POCAHONTAS KIDS FIRST NEWSLETTER

APRIL 2010

Project Nurture

Nurturing Idea for April

Talk to your baby about things he is seeing, hearing, and feeling. Talk softly and gently to him during routines of the day.



WHAT IS PROJECT NURTURE?

Project Nurture is KIDSFIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDSFIRST infants, toddlers, and families through secure and nurturing relationships.

Hello Parents!

It is very important that your child's records be kept current. In case of an emergency we must have a working phone number where a parent can be reached at any time. Please provide any new information (address change, immunizations given, emergency contact name and phone number, or other pertinent info) as soon as it becomes available.

Please check with your child's caregivers and always keep a change of clothes for your child at the clinic.

Thank you for allowing us to be a part of your child's life!!!

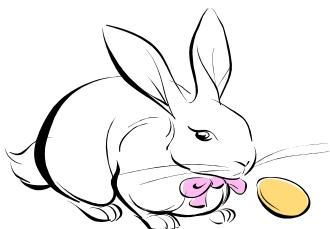
Arkansas Children's Week is April 11-17

This year's theme will be "Healthy Choices for Better Beginnings". KIDS FIRST will have daily activities in each treatment room emphasizing fitness and nutrition. Your child will be bringing home information to share with you. Parents are invited to the Family Day Garden and Nutrition Party on April 16 from 1:30 to 2:30.

APRIL EVENTS

Easter Egg Hunt

KIDS FIRST will have an Easter egg hunt at Elmcroft on April 1st at 10 a.m. Please provide a basket, bag, or bucket for gathering eggs. All parents are invited to attend and help your child find the eggs. Please see Mrs. LaToya with any questions.



Family Day Garden & Nutrition Party

Friday, April 16

1:30—2:30

Please come and join the fun in your child's treatment room!

April Birthdays

Daniel

Isaiah

Koncela

Trinity

Radyn

Dylan



NEWS FROM THE TREATMENT ROOMS

The **Baby Room** is bustling with activity!! Aleah, Ashlynn, Brylee, Camden, Joel, and Kyler are all progressing and learning new skills every day. We get a little messy sometimes, so parents, PLEASE remember to bring us a change of clothes! **Tadpoles** is happy to welcome Lauryn to our class. In April we will learn about Easter, rain, rainbows, clouds, new life and baby animals. The sunshine and warmer days make us all smile!! **Toddler's** are

celebrating Cheyanne's arrival to our room. We have been talking about green Leprechauns and the pot of gold at the end of the rainbow. We will be talking about the wind and flying kites in April. We miss Mariah since she has moved to **Big Kids** with Levi, Mariah, Aden, Lucas, Koncela, Cory, and Triston. We look forward to having lots of fun learning new things. We were sad to see Kayden leave but we know he will do fine in

his new big school. **Pre K I** will be springing into action in April while practicing healthy eating that we learned about in March. We will miss Riley because she, along with Giana, Dakota and Braxton have joined the **Pre K II** treatment room. Mrs. Gloria is very excited to have all her new kids and Mrs. Shawna helping her now.

Thought for the Day

Excellence is not a skill.
It is an attitude.



March 30th Proclaimed

Doctor's Day

Dr. Edmond Ashcraft, a pediatrician from Arkansas Children's Hospital in Little Rock, visits monthly in our clinic to evaluate and refer new patients to our program. He does ongoing reviews and works with our local doctors in the care of our children. He is a very caring and fun-loving doctor. Our kids love him and all wished him a happy Doctor's Day.

Easter Egg Hunt at Elmcroft



On Thursday, April 1, KIDS FIRST children were guest of the residents at Elmcroft for an Easter Egg hunt. Lots of prize filled eggs were hidden in the trees and flowers by Julie Soles, activities director, and other staff of Elmcroft. Levi and Mariah were the big winners of the day, each receiving an Easter basket brimming with goodies. Thanks Elmcroft for making this day so much fun!!