



MAGNOLIA MESSAGES



Happy Birthday

Children: Karlee 8/17 & Z'Nyia 8/27

Staff: Jeanne 8/01, Justina 8/08, Jessica J.8/21

Staff Anniversaries: Shirley 8 years



Perfect Attendance for July:

Chad, Jo'Larius, Sasha, Ja'Kaden, Jeremiah, Nathan, Adriana, Trinity, Ethan, Ty'Landria, Shakira, & JeCaryeus

Grand Prize Winner for July:

ETHAN!

Thank You to all parents who bring their child to KIDS FIRST every day! **Remember** our attendance policy and the benefits to your child by regular attendance.



What's the best way to cool off?

It might seem counterintuitive, but try eating some spicy food. You'll raise your body temperature which makes you sweat, and helps your body cool down. As you might guess, drinking ice-cold water and enjoying a low-sugar snack (like a popsicle) are other ways to cool off fast.

August 10 is **National S'mores Day**. Try a new twist on this treat without the danger of your child choking on the marshmallow. Try fruit such as sliced strawberries or bananas with melted chocolate between two graham crackers!

BITS AND PIECES

Dr. Ashcraft will be here Wednesday, August 24, 2011.

Magnolia Public Schools and surrounding area schools will begin on **Monday, August 15, 2011**.

KIDS FIRST will be **CLOSED** Monday, September 5, 2011 for Labor Day.

DON'T FORGET!

Call KIDS FIRST at 234-1597 if your child is sick or out for the day.





AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH

Why are immunizations important? Immunization is one of the most significant public health achievements of the 20th Century. Vaccines have eliminated smallpox and wild poliovirus in the US and significantly reduced the number of cases of measles, diphtheria, rubella, pertussis, and other diseases. But despite these efforts, people in the US still die from these and other vaccine-preventable diseases.

Vaccines offer safe and effective protection from infectious diseases. By staying up-to-date on the recommended vaccines, individuals can protect themselves, their families and friends and their communities from serious, life-threatening infections.

Who should be immunized? Getting immunized is a lifelong, life-protecting community effort regardless of age, sex, race, ethnic background or country of origin. Recommended vaccinations begin soon after birth and continue throughout life. Being aware of the vaccines that are recommended for infants, children, adolescents, adults of all ages and seniors, and making sure that we receive these immunizations, are critical to protecting ourselves and our communities from disease.

If you are unsure about your child's immunization needs, contact Shelia Smith, RN, at KIDS FIRST, 234-1597, your child's doctor or the County Health Department.

Project Nurture

Nurturing Idea for August

Six Easy Steps

To increase your sensitivity to your child:

- Get face-to-face
- Get at your child's level
- Make and keep eye contact
- Keep a positive mood
- Wait for your child to start an interaction between the two of you
- Comment on what you think is in your child's heart and mind.



WHAT IS PROJECT NURTURE?

Project Nurture is KIDSFIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDSFIRST infants, toddlers, and families through secure and nurturing relationships.