

KIDS FIRST

POCAHONTAS PUBLICATION

POCAHONTAS KIDS FIRST NEWSLETTER

DECEMBER 2009

NURTURING IDEA FOR DECEMBER

Something as simple as turning on a light, getting into or out of bed, or selecting clothes for the day can give young children opportunities to express choice and make decisions. Developing these skills begins early in life, and you can provide these opportunities to your child in your home in various creative ways .



WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.



NURSES CORNER

WITH COLD WEATHER APPROACHING, MS. LEAH AND MRS. CECILIA WOULD LIKE TO REMIND OUR PARENTS TO DRESS YOUR CHILD APPROPRIATELY. IF THE WIND CHILL FACTOR IS ABOVE 15 DEGREES AND WEATHER PERMITTING, THE CHILDREN WILL BE GOING OUTSIDE FOR A SHORT TIME EACH DAY. EXPOSURE TO SUNLIGHT IS VERY IMPORTANT BECAUSE IT SUPPLIES VITAMIN D THAT GROWING CHILDREN NEED TO HELP DEVELOP NORMALLY. A COAT MUST BE SENT DAILY AND SHOES MUST ALWAYS BE WORN. WEARING A HAT AND GLOVES AND LAYERING CLOTHING WILL HELP KEEP YOUR CHILD WARM. THANK YOU FOR ASSISTING US IN PROVIDING THE BEST CARE POSSIBLE FOR YOUR CHILD.

DECEMBER EVENTS

KF WILL BE CLOSED FOR THE HOLIDAYS ON:

December 21-25

January 1, 2010

WE WOULD LIKE TO WISH EVERYONE A WONDERFUL AND SAFE HOLIDAY SEASON!



CHRISTMAS PARTY

Please join your child for the annual Christmas party on December 18th at 2:00 p.m. in his/her treatment room. You may bring store purchased treats if you like.

December Birthdays

Elena

Layton

Zephaniah



NEWS FROM THE TREATMENT ROOMS

Toddler's II, Mrs. Shawna's room, is learning our colors while enjoying decorating our new room for Christmas. Rudolph has a red nose, snow men are white and Christmas trees are green. What a fun way to learn!!!

We will miss Riley when she moves to Mrs. Judy and Mrs. Marty's room, the Big Kids, but we are happy to see her make such progress.

We are really looking forward to meeting our new friend,

Dakota when he enrolls next week. We hope everyone has a very Merry Christmas and will come back after the holidays in a cheerful mood!!

Big Kids are working very hard at learning to use the potty and we are doing great!

We want to welcome Riley and Stormy to our class and hope they will like us!! Jase has learned so much and will be advancing to **Pre-K**. We will miss him but we know he will do great with Mrs. Gloria

and will make lots of new friends. We are all getting ready to see Santa and are having so much fun decorating our treatment room for Christmas. We would love for all the parents and staff to visit us and see the Christmas tree that we have decorated with Gingerbread men.

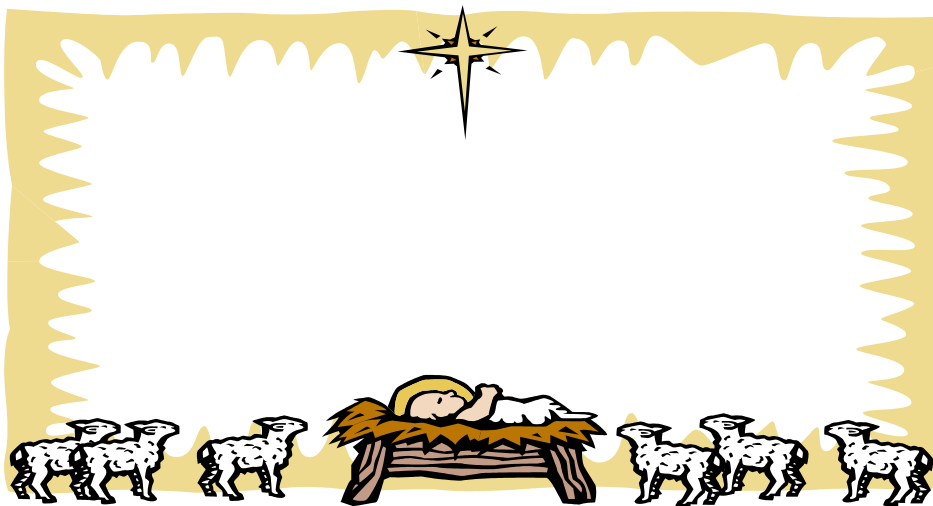
All the classes hope to see our families at our Christmas party !!

Thought for the Day



Life is ten percent what happens to you and ninety percent how you respond to it.

REMEMBER THE REASON FOR THE SEASON



INCLEMENT WEATHER

In case of inclement weather, please listen to KAIT-TV Channel 8 out of Jonesboro or local radio station KPOC FM 104.1 for clinic closing.

Parent Meeting is Well Attended

KIDS FIRST staff and parents would like to thank Denise Pendergist, MS from our program operations office in Little Rock for the informative parent meeting she presided over on November 19. She discussed stages of child development and behavior issues. Congratulations to Sandra Patterson who was the winner of the prize drawing.



SANDRA PATTERSON-PRIZE WINNER