



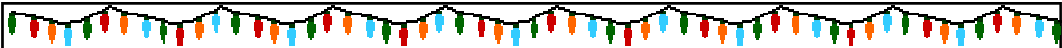
Schmieding KIDS FIRST Clinic News

www.arpediatrics.org/kidsfirst/

December 1, 2010

519
Latham Drive
Lowell, AR 72745
Phone: 479-750-0130

It is Christmas season at KIDS FIRST....



Christmas Activities Calendar

Holiday Spirit Week

December 13-December 17

To get in the Spirit of the season we are celebrating the whole week long! Check out this fun activities listed below:

MONDAY is **GREEN DAY!** Dress in red clothing to celebrate.

TUESDAY is **PAJAMA DAY!** Wear your pj's to school. We will be reading holiday stories and singing carols.

WEDNESDAY is the **SCHMIEDING CHRISTMAS PARTY!** Santa is coming to KIDS FIRST with his friends from Schmieding Produce. Every child will have the chance to meet Santa and take home a special toy. Party starts at 10:00, parents are invited! Children and staff are also invited to wear their favorite or silliest **HOLIDAY SHIRT.**

THURSDAY is **GREEN DAY!** Dress in green to celebrate.

FRIDAY is **HOLIDAY HAT DAY.** Wear your favorite (or silliest!) Christmas or holiday hat. Individual classrooms will be celebrating on this day as well. Parties will take place at 2:30. Please contact your child's teacher for more details.

Dates to Remember:

Picture View Dec. 2 & 3
& Purchase
Days

Santa comes Dec 15
to KF!

KF Closed for Dec 20-24
Christmas
Break

KF Closed Dec 31



November Employee of the Month

Jodie Brown, RN

Jodie was hired to work with us part time, but in the last few months has been here nearly every day. Jodie has jumped into learning all about KIDS FIRST. She has a great attitude and is always willing to help out at the clinic. CONGRATULATIONS!

This month we
are talking
about Christ-
mas, Winter,
and how to
dress for cold
weather.



Family Centered Care Surveys

Each year, we send out a survey to get your opinion on how things are going at KF. We want to know all about the things you like and those you would like to see at KF. It is our goal to continue to improve the program to better serve your child and your family. Your survey responses will not be shared with staff unless you wish to do so. Many of you filled out the survey when you came to see your child's photos. If you did not have the chance to come by for photos, surveys will be sent home December 6th. Please return your survey in the envelope provided by December 17th. If you need assistance with the survey, or another copy, please call Erin at 750-1030.



“High Five”



to our
November
Perfect Attendance
Award Winners:

- Alex
- Brandon
- Andrea
- JJ
- Haven
- Gabriel H
- Angel
- Nathan
- Yareli
- Yler
- Brody
- Adalynn
- Julian
- Gem
- Roslyn
- Travis
- Morgan
- Amarioma

Children in 115 learned about texture by “painting” with a variety of materials. Here Danae, is enjoying playing with pudding.



Children in Room 122 learned that cats say “Meow.” Check out these masks children made for their cat parade.



Ephraim cheered the HOGS all the way to the Sugar Bowl!
GO HOGS GO!



Santa Claus is Coming to town!

You are invited to join us..



Wednesday, Dec 15th at 10am
Schmieding Christmas Party

The weather outside is getting colder...

Please send a coat, gloves, and a hat for your child to wear during outdoor play. We try to play outside each day!

December Parenting Classes.....

- December 2** “Teaching our Children Good Manners”
Tips for teaching your children how to interact with others.
- December 9** “Dealing with Anger”
Tips for dealing with day to day stress and frustration.
- December 16** “Christmas Art Projects”
Learn fun activities to do with you children over the Holiday break.

**Classes are held at the Jones Center for Families 479-751-3463. All classes are free. Child Care is Available. To arrange child care please call 479-756-8090 ext 2118

November has come and gone, but we are still THANKFUL...

KIDS FIRST would like to send a big thank you to all of the individuals that helped support our Annual Christmas Gift Drive. We appreciate your generosity during this holiday season.



KIDS FIRST will be CLOSED:



December 20-24, 2010
and

Friday, December 31, 2010

Happy Birthday To You!

- Gabriel C Haven G
- Rheyn M Kenadee M
- Mayah Ephraim



Project Nurture

Nurturing Idea for December

Cooing

Your baby’s cooing may not sound like much right now, but he’s actually talking to you, listening closely to what you say, and learning how to communicate.

Hold your baby close and make eye contact. Talk to him in gentle, loving tones. Imitate his sounds and facial expressions. Play sing-song games like “Pat-a-Cake”, “Peek-a-Boo” and “The Itsy Bitsy Spider”.



Your baby will let you know when he’s ready to stop by looking away.

WHAT IS PROJECT NURTURE?

Project Nurture is KIDSFIRST’s Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDSFIRST infants, toddlers, and families through secure and nurturing relationships.