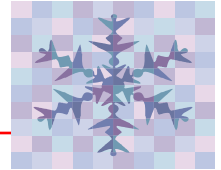


January



CLASSROOM
HIGHLIGHTS

MORRILTON



JANUARY, 2010

CUDDLY & BEES

The New Year has begun. There are many activities planned for the month of January. The Cuddly room and the Busy Bees will be talking about snow, penguins, bears and winter. We hope that everyone had a Merry Christmas and holiday season. We are looking forward to the New Year and watching the children grow each and every day. We are also looking forward to the milestones the children will be accomplishing in the next year. All the kids are accomplishing their objectives. The children in the Cuddly room are starting to walk. The kids in the Busy Bee room are learning to use their words. Now the holidays are over, please bring your children everyday. The more they are here the more they progress. We are required to go outside daily. Please remember to send shoes, coats, and hats daily. Hope everyone has a happy and healthy New Year.

RAMBLIN' & RAINBOW

Happy New Year! I hope 2010 is a great year for everybody. It's hard to believe 2009 is already over. We experienced a lot of changes in our rooms this last year, and look forward to serving you and your children this year. Ms. Joan and Mrs. Lana K. are working hard to get the Ramblin' room arranged and have already gotten attached to the children in their room. The two of them are a great team, and bring a wealth of knowledge, experience, and love to our room. Ms. Janie, Mrs. Jamie, and Mrs. Suzanne are doing a great job in the Rainbow room. They are a talented group of ladies who provide a variety of talents which make this room one of the best in the clinic.

We've got new friends in the Ramblin' and the Rainbow rooms. In room 5, we would like to welcome Diamond to our room. Room 3 had to say goodbye to Tamiya as we say hello to Nathaniel. They joined us just in time to talk about winter: snow, penguins, polar bears, winter clothes, and snowmen. If you get a chance, get by and see room 3's "Winter Wonderland." The ladies in there (with Mrs. Lisa's help) have worked really hard to make this a special time for the kids.

Thank you to those of you who made an effort to make sure your children attended over the holidays. Your efforts show that you understand the importance of the services provided by Kids First. Please make sure to send the necessities for your child: change of clothes, diapers, & blanket. Watch for notes home about announcements, needs, and progress. Thanks.

GROWING & SUNSHINE

We started January with snow and cold and that's what we'll be talking about this month. Choosing the right clothes for the weather is always a good skill to have. We'll be learning about places where it's always cold and some of the animals that live there. Penguin's are always fun and Polar bears are neat. Along with that comes snow. We'll be having our own snow days with games, "snowball" throws, angels in the "snow", there are lots of ways to imitate snow. Later we'll talk about dreams and celebrate Martin Luther King's birthday, and the children will participate in making a freedom quilt. Well have fun this month learning about cold places, different weather events cold can bring and hope it warms up soon.

WELCOME TO OUR NEW EMPLOYEE CARA GLOVER

We would like to welcome the newest addition to our staff, Cara Glover, Speech Language Pathologist. Cara comes to us with almost 15 years experience working mostly with young children providing speech/language therapy. Her first day will be January 11th and we are very happy to have her working with us.

STAFF BIRTH- DAYS

Mrs. Andrea 1/6
Mrs. Dona 1/13
Mrs. Marla 1/14
Mrs. Becci 1/27

BIRTHDAY WISHES

Saira 1/3
Michael 1/5
Keyonna 1/8
Jaida 1/10
Aaron 1/12

FROM THE DIRECTOR

Happy New year to all our families and friends! Here are a few friendly reminders:

1. Our USDA food contract requires that breakfast be over at 9:00 a.m. If you cannot get your child here by 8:45 a.m., then you should feed them breakfast before they come to the clinic. We are not able to hold breakfast for children after 9:00 a.m.
2. We must call our lunch count in by 9:30 a.m. If your child is going to be arriving later than this, it is necessary for you to call the clinic to let us know to order their lunch. If this is not done, we will not have lunch for your child.
3. Our clinic closes at 4:30 p.m. and our staff has to leave on time to pick up their own children or be charged by their daycares. Please assist our staff by being on time to pick up your child as we are always on time to have the clinic open for your child.
4. Please be sure your child has a change of clothes for accidents and a warm coat and hat to go outside. We go outside everyday weather permitting. Your children love to play outside and we want them to be warm enough.

FROM THE SOCIAL WORKER

Parents this is just a reminder about car seats. It's the law that all children sit in car seats. **Infants are to be rear facing** until they are one year old in an infant car seat. After your child is **one year old and weigh 20 pounds** then they transition to a convertible car seat with a five point harness. Children are to be in these forward facing car seats until they are 40 pounds. The next size seats are booster seats and they are for children that weigh 40- 60 pounds. Once your child reaches the height of 4 feet 9 inches tall and weighs over 60 pounds, they will no longer need a booster seat. Again parents, this is just a reminder that your children need to be in a car seat. If you need a car seat for your child, you can go to the local police station and they will give you a car seat.

Happy New Year!!

FROM THE NURSES

HEALTH DEPARTMENT TO GIVE FLU SHOTS

Thanks to the health department for coming to KIDS FIRST to give the H1N1 and regular seasonal flu vaccinations on Friday January 8th. We hope to make this an annual event. If your child has not already had the H1N1 or seasonal flu vaccine then please make an appointment with your PCP or local health department to do so. It is still not too late to receive these. The flu remains active well into April. As always please stop by the nurse's office if you have questions.

