

KIDS FIRST News

**Schmieding
KIDS FIRST Clinic**

519 Latham Drive
Lowell, AR
479-750-0130

January 2010

Days to Remember:

- KIDS FIRST
Closed Friday,
January 1st
- KIDS FIRST Open
Monday, January
18th

***Remember:
If your address
or phone
number
changes, please
give us a call so
that we can
update your
contact
information.***

Burr.....It's cold outside!

In our classrooms this month we will be learning all about Winter. We were all so excited to have a white Christmas this year! Look in our backpacks for our artwork!

In Case of Bad Weather.....

**Please watch the following
television stations:**

**KHOG 40/29
KFSM Channel 5
KNWA Channel 51**

We will announce if we are opening late or if we must be closed all day. Information will be posted as soon as possible.

**We are proud to
Announce our
December Employee
of the Month:**

**Connie Watson
Caregiver 115**

Nurturing Idea for January

It is important for infants and toddlers to know that their parents will be faithful to them in love and care. Demonstrate - through play- the care of a shepard for his sheep. You act as the shepard and choose a sibling or caregiver to play the wolf. Your child and remaining siblings are the sheep. Put all the sheep together and guard them. The Wolf (playfully) tries to grab one of the sheep (by touching them), but the shepard must run him away. If the wolf gets one of the sheep, the shepard must run after him and rescue the sheep.

Project Nurture

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

Perfect Attendance:

Braydon	Skyler
Lacy	Noah
Natalie	Ayden
Aluria	Zackery
Ephraim	

FLU Shots are Coming to KIDS FIRST!
Watch your Child's backpack for more details soon!

At KIDS FIRST, all of the children are given the opportunity to play outside every day, as long as weather and air quality conditions allow. Outdoor play provides an opportunity for learning in a different environment as well as many health benefits:

- Germs that cause infections are generally less concentrated in outside air.
- Light exposure provides children with Vitamin D.
- Open spaces encourage children to exercise and develop their gross motor skills.

You can help your child enjoy the outdoors during cold weather by dressing him/her in layers and sending a warm coat, hat, and gloves to wear, with his/her name. When the weather is too cold, we will watch your child carefully and come inside to our