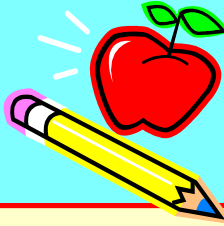




# NEWS TO KNOW



KIDS FIRST - LR  
Little Rock, AR

July 2010  
Volume 5, Issue 7

## KIDS FIRST - LR Newsletter

### Project Nurture

### Water Play

#### Project Nurture

#### Nurturing Idea for July

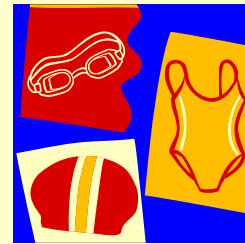
Choose a simple project to show love to someone this week. Brainstorm with your child, who may have great ideas and will "own" the idea more if they are involved in the planning. Some suggestions: Help care for an elderly neighbor's yard; Have a yard sale and/or lemonade stand and donate the

money to a special cause; Make a meal and card for someone who has been sick and needs some "tender loving care."



#### WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.



Water Play is occurring every Friday during the summer. Please send a bathing suit (or an extra set of clothes) and a towel for your child. Don't forget that flip-flops & sandals are not safe for young children.



## Happy Birthday to You!

#### Children

Rodney M. - 5<sup>th</sup>  
Kennedy H. - 6<sup>th</sup>  
Isiah-reun G. - 8<sup>th</sup>  
JayDen H. - 9<sup>th</sup>  
Tristin H. - 17<sup>th</sup>  
Amari C. - 24<sup>th</sup>  
Jamari C. - 24<sup>th</sup>  
Enrique R. - 24<sup>th</sup>  
Julian A. - 25<sup>th</sup>

#### Staff

Jessica (ECSE) - 9<sup>th</sup>  
Patty (Secretary) - 14<sup>th</sup>  
Cheryl (Speech) - 16<sup>th</sup>



The Arkansas Game and Fish Commission will send their Mobile Aquarium to KIDS FIRST/Little Rock on Tuesday, August 17<sup>th</sup> from 9:30 - 11:00 AM. Each room will have an opportunity to see the fish in a large aquarium. Parents are welcome to come see the fish with their children. The Aquarium will be set up outside the front entrance. More information will be sent home closer to their visit.



KIDS FIRST/Little Rock has enjoyed having Jessica Lauren Ward, a Rehabilitation Science student intern, from Arkansas Tech University work at the clinic this summer. Jessica hopes to attend UCA's Graduate School to become an Occupational Therapist.

Jessica lives in North Little Rock with her family, and is the oldest of 4 children. When she is home from college, Jessica leads Sunday morning worship at her church.

Thank you, Jessica, for assisting us with many projects this summer!

#### Welcome Back!!!

**Tracy Ajai**  
Child Care Technician

Welcome back to KIDS FIRST!  
We're glad you're here.

## Social Work Spiel

We have redesigned our Parent Board with the assistance of Jessica Ward, an Intern studying Rehabilitation Sciences through Arkansas Tech in Russellville, AR. Thank you, Jessica! The board, titled "Parent 411" is located in the main reception area to the left of Sanchia's office. Numbers for local community resources are in a mailbox right below the Parent board with a sign saying "Community Resources for Parents." Any new announcements will be placed on the Board itself. So take a minute to look at it and become familiar with what is there. You may find the information useful.

## Many Thanks!!!

Special thanks to Liberty Hill Baptist Church and Pastor Frederick Haynes for hosting KIDS FIRST - Little Rock's graduation ceremony again. Using the church's Fellowship Hall allowed parents to bring a few more family and friends to share in the special event. We were honored to have KIDS FIRST - Little Rock's Medical Director, Dr. Patrick Casey, and Carolyn Marsh, KIDS FIRST Program Administrator, attend graduation. Special thanks to both of them for providing years of devotion and care for the families and children of KIDS FIRST - Little Rock.

We also appreciate the assistance given by Sheila Williams and her family, who helped set up the Fellowship Hall for the graduation ceremony. There were so many KIDS FIRST staff who contributed to making this day a wonderful event by making food, decorating, creating programs, invitations, computer picture presentation, assisting with children, serving food, and much more. We also want to thank our parents for their kind words of appreciation for our program. Your wonderful words of encouragement motivate our staff to continue providing quality services to families and children.



## Reminders



Although sandals and flip-flops are very cute, they are not safe for our children. Please send your child in closed-toe shoes. This is for their safety to prevent falls.



We will be closed on Monday, July 5 in observance of July 4<sup>th</sup>. We hope you all have a safe and happy holiday!

## Booster Seat or Seat Belt?

Is your child ready to graduate from a booster seat to a seat belt? Take this test to find out.

1. Does the child weigh at least 60 pounds, or is he at least 6 years old?
2. Can the child sit all the way back against the vehicle seat?
3. Do the child's knees bend comfortably at the edge of the vehicle seat?
4. Is the shoulder belt centered on the child's shoulder and chest?
5. Is the lap belt on the top part of the child's thighs?
6. Can the child stay seated like this for the entire trip?

If you answered **NO** to any of these questions, your child should still be sitting in a booster seat in the car. If you answered **YES** to all of these questions, your child may be ready to graduate from the booster seat and use the vehicle's seat belt.

For more information, contact the Injury Prevention Center at Arkansas Children's Hospital at 501.364.3414.