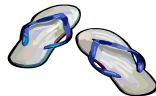




MAGNOLIA MESSAGES



CADC 2011 Home Energy Assistance Program for help with electric bills will be Friday, July 15, 2011 from 9 AM till 2 PM at American Legion Post No. 3, 325 Legion Drive, Magnolia, AR. If you have questions, call (870)234-6444.



Flip-flops and sandals are cute, but please send your children in closed-toed shoes. This is for their safety to help prevent falls.



We are **CLOSED** Monday, July 4th. Have a safe holiday!

Happy Birthday

Jamarius 7/19, JaKyree 7/21, Andreaja 7/24,
Tristin 7/27

Staff: Sharon 7/18, Tommye 7/21, & Melissa 7/22

Staff Anniversaries: Staci 5 years, and Julie 3 years

Dr. Ashcraft will be here July 20, 2011 for Clinic.

THE PARENT COLUMN Summer Hot Weather Tips:

- **Apply** sunscreen to your child when they go outside.
- **Give** your child plenty of WATER to drink.
- **Take** frequent breaks from the sun by going indoors to a cool space.
- **Supervise** children closely in wading pools and other water.
- **Use** insect repellent .
- **Dress** your child in light clothing.
- **Plan** a few night time activities like star gazing or catching fireflies.
- **Take** short road trips early in the day.
- **Plan** an indoor picnic on the weekends.
- **Snap** lots of family pictures.

ENJOY the summer!

BITS AND PIECES

Perfect Attendance for June

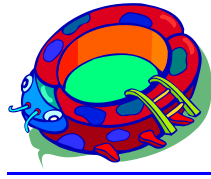
Chad, Jo'Larius, Sea'Trio, Zy'Mariah, Sasha, Keasia, Sanerio, Trinity, Karlee, Kashis, Quantravious, Isahia, Jecaryeus, & Z'Nyia

Congratulations and thank you to all parents who bring their child to KIDS FIRST every day. We appreciate your support!

DON'T FORGET!

Call KIDS FIRST at 234-1597 if your child is sick or out for the day.





We know it's summer, but we need your child here every day! Regular attendance is necessary for your child to benefit from all therapies and services that we offer on a daily basis.



July is Ice Cream Appreciation Month. Try this with your child as a way to enjoy this treat: Scoop and press softened ice cream between soft, home-style cookies and roll in sprinkles or crushed candies for a quick, fun dessert everyone will like. Eat right away or wrap individually and freeze up to 1 week. Try this combination: soft chocolate chip cookies + vanilla ice cream + sprinkles. Yum-m-m.

Project Nurture

Nurturing Idea for July

Swaddling

Babies can be swaddled as soon as they're born. It makes them feel cozy and warm, like they're "back home". Some babies do fine without swaddling, but the fussier your baby is, the more she'll need to be swaddled. Make sure her swaddling is snugly wrapped so it doesn't loosen during the night. Always check to see if your baby is overheated by checking her ears and fingers. If she's hot, red, and sweaty, she's over-wrapped. If she's warm and not sweaty, her temperature is probably perfect. Remember—always put your baby to sleep on her back!



www.aap.org

WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.