



KIDS FIRST NEWPORT NEWS

JULY 2011
Volume 4, Issue 7

ROOM 3 - FARM ANIMALS

Aloha! Thank you to all the families and friends who came to our luau graduation ceremony. We were so proud of our little ones and we were glad that everybody could join us for the celebration. We've learned so much last month about different types of bugs, frogs and sea animals. We also had a chance to celebrate Father's Day. Everyone has been growing and learning so much! Semaj and Elijah continue to talk more and more. Johrie and Johrod love to jump out on the playground while Jarviyon is always eager to ride a bike. Deangelo loves playing with the blocks and is getting so good at stacking them up high. Amar and Jalacia have become very good at putting puzzles together and Zymeah is very good at taking care of the baby dolls. Tristen loves our new sandbox and is always eager to play in it. All of our children have been making so much progress and we are so proud of them.

Please remember with all this heat and sunshine to send sunscreen for your child. Every little bit helps. Thank you all for your involvement and for letting us be a part of your child's life.



Room 5 - Wild Kingdom

The Wild Kingdom roared in June, letting out a big yell for "Happy Father's Day". We appreciate our fathers, grandpas and the male figures in our lives. We have incorporated studying shapes/colors in all of our daily activities. These were especially enjoyed by Amir, Trevion, Laishaun, Liberty and Braniya when we took our white t-shirts and dipped them into different colors to tie dye. Samantha, Gunner, Terrance, Raiden and James had a blast making cards and mixing 2 different colors together on paper plates covered with plastic wrap. We were able to squish the paint around without getting our hands/clothes dirty. Colors of red, white and blue were bursting in preparation for the 4th of July. We also studied pond life, frogs and life under the sea. With summer here, enjoy the safari you take with your children whether it be to swim, the park or grandma's house. Sadly we said goodbye to Terrance who moved away in June.

ROOM 1 - BUSY BUGS

June was definitely an exciting month for us! We learned about so many things, like creepy crawly bugs, pond life and frogs, Father's Day, and under the sea. And on top of all that we had our luau graduation ceremony! Thank you to everyone who came. We are so proud of our little ones and are always excited to celebrate their achievements. Kayson has been doing such a great job of talking and knows all of his friend's names. Justyce loves to play in the water and is always eager to help with anything. Bella has learned how to ride a tricycle and loves making laps around the playground. Ryder has discovered the sandbox and loves dumping the sand. Will and Jeremiah are always eager for a ride in the wagon and will even help pull each other. Wesley is our new addition to the group and is doing great. He loves all his new friends. Please remember with all this heat and sunshine to send sunscreen for your child. Thank you for letting us be a part of your children's lives!



ROOM 2 - MOTHER GOOSE NURSERY

June flew by for the nursery. We talked about bugs, frogs and pond life. We hope everyone had a happy Father's Day. Everyone is growing so fast in the nursery! Hannah is walking now and Bryce is taking independent steps. Sara likes pulling up on the toy box to see what she can find. Paris likes lying on the mat, playing with toys. Davis likes playing on the slide. Kash and Saniya like the rocking toys outside. Ja'Kalen loves playing with trucks. Teagun likes to play on the tractor riding toy.

In July we will talk about camping and going to the beach and other things to do on a vacation. We will also learn about summer fruits and vegetables. We hope everyone has a fun and safe summer.

**WE HAVE SEVERAL OPENINGS
FOR CHILDREN!
IF YOU OR SOMEONE YOU KNOW
HAS A CHILD WHO MAY BENEFIT
FROM KIDS FIRST'S SERVICES
PLEASE LET US KNOW!**

ROOM 4 - UNDER THE SEA

Under the Sea was busy with creepy, crawly bugs, pond life, frogs, sea life and Father's Day celebrations. Trent, Maeson and Eddie enjoyed making popsicle stick houses with their pictures inside. Dakota, Zequan and Chase dove right into making an octopus out of painted hand prints. We worked on letter recognition in our daily activities with print (books, names on placemats, etc.). We all talked about the role of fathers and males in our lives today. Thanks dads! We've worked on basic shapes and colors with our sea creatures, sailboats and anticipation of the 4th of July. We made red, white and blue flags and colorful fireworks. July is just filled with summer fun. Oh, the places we will go!



Project Nurture

Nurturing Idea for July

Swaddling

Babies can be swaddled as soon as they're born. It makes them feel cozy and warm, like they're "back home". Some babies do fine without swaddling, but the fussier your baby is, the more she'll need to be swaddled. Make sure her swaddling is snugly wrapped so it doesn't loosen during the night. Always check to see if your baby is overheated by checking her ears and fingers. If she's hot, red, and sweaty, she's over-wrapped. If she's warm and not sweaty, her temperature is probably perfect. Remember—always put your baby to sleep on her back!



www.aap.org

WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

Change in Arkansas Law Protects More Kids from Secondhand Smoke

Effective July 27, an amended Arkansas law will protect 78 percent of Arkansas children from secondhand smoke in vehicles – a significant increase from the law's previous 34 percent protected. Act 811 of 2011 makes it a primary offense to smoke in a vehicle with children under 14, and violators can be pulled over and ticketed. The Arkansas Protection from Secondhand Smoke for Children Act of 2006, also known as Act 13, previously protected children under 6 and weighing less than 60 pounds.

The concentration of secondhand smoke in vehicles can exceed that in homes and bars by 10 to 100 times due to their confined space. Children's developing respiratory, immune and nervous systems are especially vulnerable to the dangerous health effects of secondhand smoke.

Children exposed to secondhand smoke are at an increased risk for Sudden Infant Death Syndrome, lower respiratory infections, middle ear disease, more severe asthma and slowed lung growth. Cigarette smoke contains hundreds of toxic chemicals – at least 69 of which cause cancer, and each year, 470 Arkansans die from secondhand smoke.

THE NURSE'S CORNER: Tips for Using Insect Repellents Safely

Dos

- Read the label and follow all directions and precautions.
- Only apply insect repellents on the outside of your child's clothing and on exposed skin.
- Spray repellents in open areas to avoid breathing them in.
- Use just enough repellent to cover your child's clothing and exposed skin. Using more doesn't make the repellent more effective. Avoid reapplying unless necessary.
- Assist young children when applying insect repellents on their own. Older children also should be supervised when using these products.
- Wash your children's skin with soap and water to remove any repellent when they return indoors, and wash their clothing before they wear it again.

Don'ts

- Never apply insect repellent to children younger than 2 months.
- Repellents should not be sprayed directly onto your child's face. Instead, spray a little on your hands first and then rub it on your child's face. Avoid the eyes and mouth.
- Insect repellents should not be applied on cuts, wounds, or irritated skin.
- Don't buy products that combine DEET with sunscreen. The DEET may make the sun protection factor (SPF) less effective. These products can overexpose your child to DEET because the sunscreen needs to be reapplied often.

For more information go to healthychildren.org.