

# KIDS FIRST POCAHONTAS

POCAHONTAS KIDS FIRST NEWSLETTER

JUNE 2010

## NURTURING IDEA FOR JUNE

*Item needed: broom* After dinner, give each family member a bristle from the broom. Ask each one to please sweep the floor, using their piece of straw. Then ask: Would it be easier to sweep the floor with

this? (Of course!) When all the pieces of straw are joined together (when we work together), much more can be accomplished.



### WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

Parents please remember that although summer shoes such as flip flops and open toed sandals may be irresistible to purchase for your child, they are not suitable for little feet. Kids that are just learning to walk and balance themselves need the support of shoes that surround the entire foot. This is especially important if your child receives physical therapy in the clinic. While we know you want your child to look cute, please remember that their health and normal growth is much more important than appearance.

### Staff Spotlight

Mrs. Cona Davis has been teaching children at KIDS FIRST for the past eighteen years. She is very innovative in the resources she uses and she cares deeply about the progress your child makes while in her classroom. She loves teaching in the Toddler treatment room because the 1 1/2 to 2 year olds are so inquisitive and eager to learn.



## JUNE EVENTS

### Donuts for Dads

Father's Day will be celebrated on June 18th at KIDS FIRST with refreshments for all Dad's and Granddads.

Please join your child or grandchild in our playroom area between 7:30 and 8:30 for some yummy donuts.



If you know of anyone with a child that would benefit from the services we offer, please let them know about our program.

We would be happy to talk with them and see how we may help.

### June Birthdays

Ryleigh

Camden

Addison

Cora



## NEWS FROM THE TREATMENT ROOMS

The **Toddler** class has had a month full of outdoor adventures learning about birds, bees, and butterflies. The birds really enjoyed our homemade bird feeders that we made in May. Our learning adventure doesn't slow down just because its summer!! We have a month full of activities planned for June, too. We will learn about creepy crawly bugs & snakes, shapes, and colors.

During the month of May, **Pre K I** learned about nature and the great outdoors. Along with many art projects, we set up a tent and

told campfire stories. This was so much fun!! The class observed the Cinco de Mayo and Mother's Day holidays. We are all glad to have Ms. Sheila in our treatment room helping Ms. Faye with all the fun things we are doing.

The unit of study for June will be summer time fun. This would be an excellent opportunity for parents to incorporate fun and learning with your child. Take them outdoors and teach them about all the living creatures and the effect they

have on our environment. Even snakes have a purpose in keeping down the rodent population!!

Take your child fishing and let them enjoy playing in the water. Don't forget the life jacket and remember that UV rays are very harmful especially during the hours of 10:00 a.m. and 4:00 p.m. Please apply sunscreen often especially after swimming. Enjoy the summer with your child but do it safely!!

SUMMER IS ALMOST HERE AND KIDS FIRST WILL BEGIN WATER PLAY JUNE 4. THE ACTIVITY WILL CONTINUE THROUGH JULY. WE WILL HAVE EARLY MORNING WATER PLAY EVERY FRIDAY, WEATHER PERMITTING, SO PLEASE BRING YOUR CHILD TO THE CLINIC DRESSED IN THEIR SWIM SUIT AND WATER SHOES. PLEASE DRESS YOUR CHILD WITH A PULL UP OR DIAPER IF APPLICABLE. A TOWEL, A CHANGE OF CLOTHING AND SUNSCREEN MUST BE FURNISHED.

YOUR CHILD WILL ALSO BE TREATED TO A PICNIC LUNCH ON THURSDAY'S THROUGHOUT THE MONTHS OF JUNE AND JULY.



**KIDS FIRST** is the recipient of many handcrafted afghans and other coverlets that the women of the Cross Lutheran Church in Pocahontas have donated. Leah Davis, RN, Frances Prevo, church member, and LaToya Scott, LSW display these bright and beautiful afghans that help keep our kids cozy at naptime.



### Thought for the Day

Friends are the family you choose. Treat them as you do your pictures and place them in their best light.



### Activity Calendar

Just for fun we will have different activities throughout the summer months. Please check the calendar furnished by your child's teacher and let your child join the fun by dressing them accordingly and bringing the specified items to share with his/her classmates. This helps to make learning fun!!

Nurse Leah would like to remind parents that medication will be administered at the clinic **only** for those needing three or more doses daily. Due to increased nursing responsibilities, **one or two dose medications will no longer be given at the clinic.**

Please let Leah or other staff member know of any doctor appointments your child may have scheduled and furnish us with any ENT, swallow study, or other reports you receive from your child's doctor.