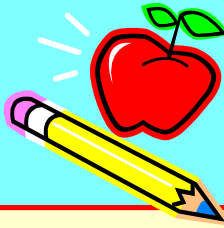




NEWS TO KNOW



KIDS FIRST - LR
Little Rock, AR

June 2010
Volume 5, Issue 6

KIDS FIRST - LR Newsletter Project Nurture

Project Nurture

Nurturing Idea for June

Item needed: broom After dinner, give each family member a bristle from the broom. Ask each one to please sweep the floor, using their piece of straw. Then ask: Would it be

easier to sweep the floor with this? (Of course!) When all the pieces of straw are joined together (when we work together), much more can be accomplished.



WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

Welcome New Employees!!!

Courtney Williams
Child Care Technician

Jowanda Stevenson
Child Care Technician

Carmen Long
Occupational Therapist

Tracey Shirron
Speech Therapist

Welcome to KIDS FIRST!
We're glad you're here.

Donuts for Dads

Dear KIDS FIRST fathers,
You are invited to come by the **KIDS FIRST conference room from 7:30-9:00 a.m. on Friday June 18th** and have a donut with us in honor of your efforts throughout the year in nurturing, educating, guiding, and making a living for your children.

Happy Father's Day!

KIDS FIRST Staff

Happy Birthday to You!

Children

Jenferzon M. - 4th
Kamron R. - 8th
Damian M. - 11th
Adam "Connor" M. - 15th
Emarion K. - 17th
Zoe P. - 17th
Omarion Y. - 18th

Staff

Tanya (PRN) - 12th
Regginia (Rm. 10) - 28th



Congratulations to our 2010 Graduates going to Kindergarten!

The following children will be attending Kindergarten in August when school starts.



Joy
Ronja

Alisandro
Janiyah

Tremaine
Damian

Carrington
Angel

Clark
Jairus

Tondrell
IsaTajae

Outdoor Safety Tips

Child Care Licensing requires an hour of outdoor play per day in suitable weather. The following are guidelines/precautions that should be taken:

- * When the heat index is forecasted to be 90 degrees or above, outdoor play should be scheduled early in the day; if in the afternoon, the length of time should be reduced to avoid heat stress
- * Offer water before going outside
- * Apply sunscreen at least 30 minutes before going outside
- * Babies under 6 months should be kept out of direct sunlight
- * Play in a shaded area and offer water frequently
- * Offer water even if children don't appear thirsty
- * Monitor for signs of heat stress; excessive sweating, reddened skin, pale skin, muscle cramps, fatigue/tiredness, headache, nausea or vomiting
- * Check all playground equipment prior to use to ensure that it is not too hot for the children to play on – burns can happen from hot playground equipment



Water Play will occur every Friday beginning June 11. Please send a bathing suit (or an extra set of clothes) and a towel for your child. Don't forget that flip-flops & sandals are not safe for young children.

Safe Sleep

1. **Always put babies on their backs to sleep**, even for naps. Babies are LESS likely to choke on spit-up or vomit when they are on their backs.
2. **Do not sleep with your baby.** Sharing a bed or couch with a baby can cause suffocation, falls, and other injuries.
3. **Use a safe crib.** The mattress should be firm. The space between rails should be no more than 2 3/8 inches - about the width of a soda can. Do not put heavy blankets, pillows, stuffed animals, or other soft items in the crib.

Call the Injury Prevention Center at Arkansas Children's Hospital (1-866-611-3445) to learn more.



Source: American Academy of Pediatrics

Perfect Attendance

The following 13 children had perfect attendance during May. They each received an entry into a drawing for a special prize.

Julian A.	Alisandro B.	Zoe F.	Ronin H.
Clark H.	Jay'Den H.	Jenferzon M.	Connor M.
Rodney M.	Jamel R.	Angel S.	Tra'vius T.
Darrell T.			



The winner of May's prize is
Darrell T.!

KEEP UP THE GREAT WORK EVERYONE!!!