

KIDS FIRST News

This month at
KIDS FIRST we
are learning
about:

- healthy food choices.
- colors of fruits and vegetables
- Spring
- Weather: Rain, Clouds, and Sun
- St. Patrick's Day

Mark your Calendars!

Annual Arkansas
Children's Week Spring
Carnival

Friday, April 15, 2011

2:30-4:30pm

Food, Games, and Fun
for the whole Family!

March in like a



...and out like a



Schmieding
KIDS FIRST Clinic

519 Latham Drive
Lowell, AR
479-750-0130

March 2011

KIDS FIRST will be OPEN

SPRING BREAK!

March 18-21, 2011

Vans will be Running



PASTRIES with
PARENTS!

Monday,

February 14th,
2011

Last month we invited parents to join their children for breakfast to celebrate Valentines Day. The event featured donuts, fruit, juice, and decorations made by the children. Thank you to everyone who attended this fun event!



March is National
Social Work Month!



This month we recognize the work of our social worker, **Tonya Dean**. Tonya has been with KIDS FIRST for almost 8 years! She is the one of the first faces new families meet when they come to our clinic. She is available to help with Medicaid questions, transportation, and community resources.

We appreciate all of
the work that she
does for us through
the year!

March is National Nutrition Month!

Splash some color on your plate! It's National Nutrition Month and the theme is "Eat Right with Color." This month the American Dietetic Association wants you to make healthy choices by incorporating a colorful variety of fruits, vegetables, whole grains, lean proteins and dairy into your meals every day. National Nutrition Month is an annual campaign sponsored by the American Dietetic Association to promote nutrition awareness and education. It originated in 1973 as "National Nutrition Week" and expanded to the month-long observance in 1980 in response to growing public interest in nutrition. The theme changes each year, but it always focuses on the importance of making informed food choices and developing sound eating and physical activity habits.



Public Safety Reminder:

Our parking lot is a very busy place!



Please remember to drive slowly and watch for children.



Kiona shows off her "monster."

Meet Mechelle!

Mechelle Bailey is one of the dieticians that work at KIDS FIRST. Mechelle helps monitor all of the special dietary needs of the children at our clinic. Thank you, Mechelle for all of the hard work you do to keep us healthy. Happy Nutrition Month!



News from the Treatment Rooms:

Room 108 AJ & Maurice

This month we have been learning about green and St. Patrick's Day. We are also continuing to work on our names (Spelling and Writing) during art time. We are excited for Spring-time. We love to play outside on the playground and ride bikes on the "track."



Room 105-Kristin and Ashley

Last month we learned all about colors! This month we are starting to talk about Spring. We are working on making a rainbow during art time. Also, we are working on recognizing our own names in print. We also are continuing to work on good meal time routines as part of National Nutrition Month. Welcome to Lakshana and Gabe, we are happy to have you in our class.



Room 122- Brandi & Sondra

Next week we will be moving rooms! Our entire room, furniture, staff, and friends will move to Room 114 this weekend and be ready for class on Monday, March 18th.

The Spring has brought us a lot of energy!!! We are working on learning the names, sounds, and signs of animals. We even have a few new class pets...caterpillars! We talk each day about how in a few days the caterpillars will turn into butterflies.

Room 106-Shannon & Randall



Last month we made our own "monsters!" We are currently learning about weather and rainbows. Last week we made "rainbow" toast as a delicious treat. We are happy to have Maddox and Morgan join our class.

Room 115- Chad & Lindsey

Happy St. Patrick's Day!

Spring has Sprung in 115! We are excited for the warmer days to come. Welcome to our new friends, Jose and Eddie. And congratulations to Clayton for "graduating" to our room.

Room 114- Brenda, Connie, & Kayla



Next week we will be moving classrooms! On Monday, March 18th we will be in Room 122. Our new room is a little larger and give us more room for our cribs and supplies. Our teachers, nurse, and therapists will all be the same. Come check out our new location. We have several friends that are crawling and pulling up on furniture and have been making more and more trips to the indoor play room to explore.

116-Courtney, Linda, and Katelyn

This month has been all about GREEN in 116. We have been busy painting shamrocks and pots of gold in preparation for St. Patrick's Day on Thursday, March 17th. We are so happy the weather is getting warmer and we are able to spend more time outside on the playground.



Room 107- Waylon & Kathy

February brought a lot of change to 107. We have new friends, furniture, and toys in our room. We are working very hard on turn taking games and activities during Center Time. We are also doing more group activities thorough out the day. You can help us at home by encouraging us to use our words when we are frustrated.

