



KIDS FIRST KOURIER



KIDS FIRST PINE BLUFF

MARCH 2011

Public Schools will be closed March 21-25, 2011 for Spring break. KIDS FIRST will be OPEN and vans will run. Please make sure your child attends that week.

Special points of interest:

- *Nutrition Month*
- *Poison Prevention Week*
- *Social Worker Month*
- *Read Across America Day 3/2*
- *Dr. Suess Birthday 3/2*
- *Daylight Savings Time 3/13*
- *Incredible Kid Day 3/15*
- *St. Patrick's Day 3/17- wear green day*
- *Spring Begins 3/20*
- *Toast Day 3/23*
- *Doctor's Day 3/30 recognition of Dr. Ashcraft*
- *Johnny Appleseed Day*
- **WE WILL BE OPEN SPRING BREAK and VANS WILL RUN**

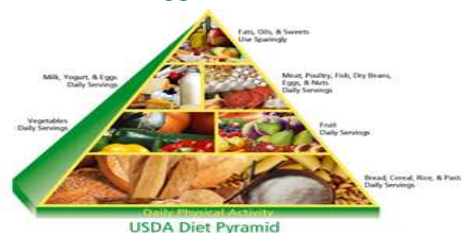
CONTINUITY OF CARE

It has been a year since Continuity of Care was implemented in rooms 2-5. Continuity of Care is an important way to help babies develop secure relationships with caregivers. The concept of continuity of care is to assign a primary caregiver to an infant at the time of enrollment in a child care program and continue this relationship until the child is three years old or transition out of the program. When continuity of care is provided by a primary caregiver and parents to develop a caring relationship. Bonds are formed between the caregivers, children and their families. Combined with primary caregivers and small groups, continuity of care provides the time and intimacy the babies need to learn about themselves and form meaningful relationships. We would like to recognize: **Ms. Barbara-ECDS II, Mrs. Pauline-CCT, Ms. Jacquelyn-CCT, Ms. Roslyn-ECDS II, Ms. LaShell-CCT, Mrs. Lynn-CCT, Ms. Linda S.-CCT, Ms. LaKia-CCT, Ms. Margaret -CCT** for their great work in the Continuity of Care treatment rooms.

NATIONAL NUTRITION MONTH

As we enter the month of March, The American Dietetic Association is hoping we will all take a closer look at the foods we are eating and analyze our plates to ensure we have a balanced diet. This year's theme for National Nutritional Month is "Eat Right with Color". National Nutrition Month is a nutrition education and information campaign found at www.eatright.org which focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits. A Healthy Eating Plan: Emphasizes fruit, vegetables, whole grains and low-fat or fat-free milk and milk products, Includes lean meats, poultry, fish, beans, eggs and nuts, is low in saturated fats, trans fats, cholesterol, salt (sodium) and added sugars.

www.mypyramid.gov/guidelines/index.html





Fly a kite with your child on a windy March day.

BIRTHDAYS

- Kristopher C. 3/17
- Kamarion G. 3/21
- Ann H. 3/14
- Jaden H. 3/16
- Cariah K. 3/27
- Martaevion S. 3/29
- Amarion S. 3/26
- Aaden S. 3/6



Staff Birthdays

- Tammy B. 3/4
- Wanda J 3/4
- Sharon M. 3/10
- Cynthia N. 3/11
- Kimberlee J 3/12
- Rhonda J. 3/14
- Lucille D. 3/15



DOCTOR'S DAY MARCH 30 Dr. ED ASHCRAFT

WE WOULD LIKE TO RECOGNIZE AND SAY A SPECIAL THANKS TO DR. ED ASHCRAFT FOR EVERYTHING HE DOES AT OUR CLINIC. THANK YOU FROM THE STAFF AT KIDS FIRST-PINE BLUFF

Happy Doctor's Day....
To the most wonderful Doctor we know!



SHOES FOR HAITI

Our staff donated our gently worn shoes to be used to help the survivors in Haiti.



SPECIAL THANKS to Sherrie Chappel of Farmer's Insurance Group for donating Child Identification Cards for the Children

Kool Smiles

KIDS FIRST-Pine Bluff had a visit from Danita Kirklind of Kool Smiles on 2/23. She talked with the parents about proper dental care for their children. They provided each child with a gift bag that included toothbrushes. We are very glad she came during National Dental Health Month.

Thank you Kool Smiles



Social Worker Month

In honor of Social Worker Month we would like to take a moment to acknowledge our own Social Workers Catrina Horn-Stevenson at KIDS FIRST and Kimberlee Johnson with the UAMS Following Baby Back Home Program located at KIDS FIRST. Kim is the Social Worker for this home visiting team. Catrina is clinic based and contacts parents regarding social histories and treatment plan conferences. She also answers questions related to services or resources that are available. If you need help, please contact Catrina at 870-534-7392.



CATRINA



Poison Prevention Week

According to the Consumer Product Safety Commission, things that you can do to decrease the chance of your children being poisoned include:

- Keep all chemicals and medicines locked up and out of sight.
- When products are in use, never let young children out of your sight, even if you must take them along when answering the phone or doorbell.
- Leave the original labels on all products, and read the label before using
- Be careful of look-alikes, including household cleaners that look like Gatorade and other drinks and could be ingested if not secured away from your children.
- Avoid taking medicine in front of children. Refer to medicine as "medicine," not "candy."
- Call 1 (800) 222-1222 immediately in case of poisoning.