

# KIDS FIRST POCAHONTAS

POCAHONTAS KIDS FIRST NEWSLETTER

MAY 2010

## NURTURING IDEA FOR MAY

April 27 was National Tell A Story Day. Gather three random items from around the house (a cup, a shoe, a toothbrush, etc.) and place them in a bag. Pull the items out one at a time as you tell a story based on those items. Change the items



and allow each family member to have a turn.

### WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

### Nurse Appreciation Week is May 6-12



Parents, please take a moment during Nurse's Week to let Ms. Leah know how much she is appreciated. Unless your child is medically fragile, many of you may not realize the importance of having a full time nurse at KIDS FIRST. Not only does she do tube feeds and distribute medications, she also keeps a check on each child's growth and nutrition needs, tends to scrapes and falls and other problems that may arise. Let's all give Ms. Leah a pat on the back for a job well done!

### Teacher Appreciation Week is May 2-8

The teachers at KIDS FIRST are some of the most wonderful and caring teachers we could ever hope to have teaching our children. Parents, especially during this week, please let them know how much they are appreciated. Our teachers are such a huge part of your child's daily life and they are helping teach your child to grow to meet their full potential in life.

## MAY EVENTS

### Mother's Day Breakfast

Mother's and Grandmothers, please join your child for a Mother's Day breakfast at KIDS FIRST on Monday, May 10 from 7:30 to 8:30 in his/her treatment room.



### Memorial Day

KIDS FIRST will be closed for the Memorial Day holiday on Monday, May 31st.

We would like to wish everyone a safe and enjoyable holiday.

### May Birthdays

Makayla  
Brylee  
Dallas  
Levi  
Lucas  
Alex  
Kylar  
Joel

## NEWS FROM THE TREATMENT ROOMS

The **Baby Room** would like to welcome their newest addition, Chloe, to their room.

The **Tadpole Room** is enjoying the sunshine and playing outside.

**Toddlers, Room 4** welcomes Kolten to our room & congratulates Bryce for mastering six of his colors. We are studying about Cinco de Mayo and have many fun things scheduled to learn about through our everyday play.

**Big Kids** are having fun learning and love the sunshine and outside play.

The kids in **Pre-K I** are having fun learning with Makayla, our new classmate. She is having fun too! We will be learning a lot of fun things in the month of May.

**Pre-K II** had a very busy month in April and will have a busy month in May also. We did a thank you card to Ms. Ana, our Occupational Therapist, for doing such a wonderful job with us. We all loved having our parents visit us during Arkansas Children's Week. We have planted our garden and are trying hard not to forget to water the plants!

We all want to thank the teachers in our treatment rooms for the wonderful jobs they do. We are learning so much and our minds are so full of wonder that we just know we will grow up to be great people, thanks, in part, to the time we spend at KIDS FIRST !!

Happy Teacher's Week to all our wonderful teachers!!

### Thought for the Day

Laughter is the closest distance between two people.



KIDS FIRST  
SPEECH  
THERAPIST

AMBER HUDSON, MCD, CCC-SLP  
TERESA BRITT, MCD, CCC-SLP  
JENNY KAZZEE, MCD, CCC-SLP

### May is Better Speech & Hearing Month

Speech and language disorders can affect anyone at any age. Millions of infants, children, and adults in America suffer from a communication or swallowing disorder. Whether it's difficulty in swallowing or a disorder such as stuttering, delayed language, or a voice problem, a person's ability to learn and interact with others can be affected. If you suspect you or a loved one may be experiencing a communication or swallowing disorder, consult a speech-language pathologist.

### DONATIONS FROM LOCAL CHURCH ARE APPRECIATED

Leah Davis, RN and Frances Prevo stand with items donated by the Lutheran Church in Pocahontas. Through grants received by the church, KIDS FIRST has been the recipient of thousands of dollars worth of food and personal hygiene products over the years. The items are distributed to families or clinic for the children who attend daily. KIDS FIRST would like to thank Mrs. Prevo and the congregation nations re-



used in the care of the attend FIRST thank Mrs. Lutheran for the do- ceived.

KIDS FIRST is also honored to receive the many handcrafted afghans and other coverlets that the women of the Lutheran Church have donated. These keep our kids cozy at naptime and are a bright and beautiful addition to our clinic.

THANKS!!