



KIDS FIRST News

FALL IS HERE!



The **BEV Award** is awarded annually to 12 people in the state, one from each KIDS FIRST clinic and POC. It is named for Beverly Bursk, a longtime KIDS FIRST employee, who passed away in 2001. Beverly was highly regarded by all who know her. Employees may be nominated by co-workers, families, and visitors in whose opinion, the employee demonstrates care and concern for all and best exemplifies the qualities in the BEV award guidelines.

B = Balance and behavior

E = Excellence and
Encouragement

V = Values and Vigilance

This year's honoree is **Tonya Dean, Social Worker**. She has been with KIDS FIRST six years this month. She will be honored October 13 at a luncheon at the Governor's Mansion in Little Rock.

Join us for Fall Carnival and
Trick or Treating with Schmieding
Developmental Center



October 30, 2009

9:00-11:00 am

Children may bring costumes to change into. Please no scary costumes or weapons! You are welcome to join!

In the Classroom...

This month we are starting to study fall. We are talking about apples, leaves, pumpkins, and some of us even made scarecrows! Check our backpacks for our fun art and craft projects!

Schmieding KIDS FIRST Clinic

519 Latham Drive
Lowell, AR
479-750-0130

October 2009

Days to Remember:

- ☺ Family Trick or Treating Oct. 30 9-11am.
- ☺ KIDS FIRST will be closed on Nov. 26-27
- ☺ KIDS FIRST will also be closed Dec. 21-25. Please make alternative arrangements

Remember:

If your address or phone number changes, please give us a call so that we can update your information.

KEEP KIDS SAFE ON HALLOWEEN

The following safety tips from SAFE KIDS and the Consumer Product Safety Commission will help make this Halloween injury-free:

- Wear face paint or cosmetics instead of masks which can obstruct a child's vision.
- Each trick-or-treater should have his/her own flashlight.
- Make costumes short enough to avoid tripping over them.
- Stay on sidewalks, and do not cut across yards in the dark.
- Decorate costumes and bags with retro-reflective tape.
- Make your home safe for visiting trick-or-treaters by removing obstacles such as tools, ladders and children's playthings from steps and lawns.
- Make sure children are accompanied by responsible adults who will keep them in sight at all times.
- Establish a time for children to return home.
- Restrict their trick-or-treat calls to homes with porch or other outside lights on.
- Tell children to bring treats home before eating them.
- Discard the candy without wrappers.
- Limit amount of candy eaten at one time.
- Eat only pre-packaged candy, nothing homemade.
- Inspect all items prior to children eating them.
- Give stickers, activity sheets, pencils or other non-food items for treats.
- Wash all fruit before eating.
- Poison Control Center's Hotline number: 1-800-222-1222



For more safety tips go to www.parentcenter.com

Be Safe and have a fun-filled time with your child!



Reminder:

*It is getting cooler outside.
Please make sure your child
has an a jacket to play
outside on cool mornings.*

Parent Meeting and Training
Session!

Will be held in November

Watch for more details.

Project Nurture

Nurturing Idea for October

Go slowly. It's great to show your child how a toy works, but try to hold off on "doing it for her" every time. You can begin something, such as stacking one block on another, and then encourage her to give it a try. Providing just enough help to keep frustration at bay motivates your child to learn new skills.



WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.