

KIDS FIRST POCAHONTAS

POCAHONTAS KIDS FIRST NEWSLETTER

OCTOBER 2010

NURTURING IDEA FOR OCTOBER

Why do you love me?

Gather pictures of each member of your family and bring them to the dinner table. Pass one of the pictures around while each family member tells why they love that person. *I love Momma because she's nice to me. I love Susan because she shares her toys.* Help your younger ones put their feelings into words. Once the photo has made it all the way around the table, start the next one going.



Safety Tips for a Happy Halloween!!

- A parent or responsible adult should always accompany young children on their neighborhood rounds.
- If your older children are going alone, plan and review the route that is acceptable to you. Agree on a specific time when they should return home.
- Only go to homes with a porch light on and never enter a home or car for a treat.
- Because pedestrian injuries are the most common injuries to children on Halloween, remind Trick-or-Treaters:
- Stay in a group and communicate where they will be going.
- Carry a cell phone for quick communication.
- Remain on well-lit streets and always use the sidewalk.
- If no sidewalk is available, walk at the far edge of the roadway facing traffic.
- Never cut across yards or use alleys.
- Only cross the street as a group in established crosswalks (as recognized by local custom). Never cross between parked cars or out driveways.
- Don't assume the right of way. Motorists may have trouble seeing Trick-or-Treaters. Just because one car stops, doesn't mean others will!

WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

Nurse's Notes

Flu season is just around the corner and Ms. Leah would like to encourage everyone to get your flu shot. Young children, the elderly, and anyone working with young children are especially vulnerable. Check with your PCP or the local health department to find out when the flu vaccines will be available. You should schedule one for everyone in your family to help keep the flu bug away from your loved ones.

October Birthdays

Frank
Jayden



Happy Birthday!!

OCTOBER IS FIRE SAFETY MONTH



In conjunction with “Fire Safety Month” Pocahontas firemen, Justin Gates and Shane Pratt came by to show the kids the “Big Red Firetruck” and talked with them about fire safety, the operation of the fire engine and some of the gear they use when fighting fires. The Pre-K class made a fire hydrant thank you card and presented it to them to show their appreciation for the time they spent with us.

**CONGRATULATIONS TO GOLDIE MONEY
2010 BEV AWARD RECIPIENT**

GOLDIE MONEY WAS CHOSEN AS THE WINNER OF THE BEV AWARD FOR HER POSITIVE ATTITUDE, RESPECT AND CARE FOR OTHERS, AND HER SUPERIOR JOB PERFORMANCE. SHE, ALONG WITH WINNERS FROM THE OTHER KF CLINCS AND THE PROGRAM OPERATIONS CENTER, WILL BE HONORED WITH A LUNCHEON AT THE GOVERNORS MANSION IN LITTLE ROCK ON OCTOBER 19.

GOLDIE IS MARRIED TO EDWARD MONEY AND HAS SIX CHILDREN, THIRTEEN GRANDCHILDREN, AND ONE GREAT GRANDCHILD. SHE HAS A TWIN SISTER RESIDING IN OHIO AND THEY ALWAYS HAVE A WONDERFUL TIME REMINISCING WHEN THEY GET TOGETHER. SHE ATTENDS PHS FOOTBALL GAMES WHERE SHE WORKS THE CONCESSION STAND AND SHE ENJOYS THE PHS BAND COMPETITIONS THAT HER DAUGHTER, CARLA COMPETES IN. GOLDIE HAS BEEN IN CHILDCARE FOR 15 YEARS, FIVE OF WHICH HAVE BEEN WITH KIDS FIRST.



CONGRATULATIONS, GOLDIE!! KEEP UP THE GOOD WORK!!

Antique Tractor Club visits KIDS FIRST



Thanks to the Pocahontas Antique Tractor Club for the show they put on for all the kids at KF on Friday, October 8. Everyone enjoyed the drive by and were very excited to see and hear the tractors go by. They especially liked the pink tractor driven by Mrs. Pearcy.