

KIDS FIRST

POCAHONTAS PUBLICATION

POCAHONTAS KIDS FIRST NEWSLETTER

SEPTEMBER 2009

NURTURING IDEA FOR SEPTEMBER

Motion is often soothing as well as entertaining for an infant. Let him take a "ride" atop a washing machine during the wash and spin cycle while in an infant seat. This may help him calm down if he's fussy. If he's in a playful mood, make sound effects and faces as the two of you ride together. Note, however, that a baby should NEVER be left alone during this "ride".



WHAT IS PROJECT NURTURE?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

PARENT NOTES

PLEASE ADVISE THE FRONT OFFICE STAFF OF ANY CHANGES IN ADDRESS, PHONE NUMBER, NAMES OF PERSONS AUTHORIZED TO PICK UP YOUR CHILD OR OTHER PERTINENT INFORMATION.

WE **MUST** HAVE A WORKING PHONE NUMBER WHERE YOU CAN BE REACHED AT ANY TIME IN CASE OF AN EMERGENCY!!

September Birthdays



Slayde

Brook

Michael

Kason

Bryce

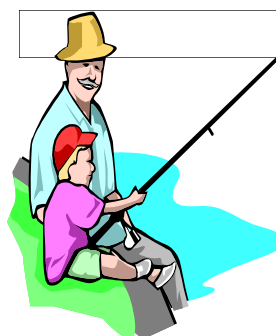
HAPPY BIRTHDAY!!!

SEPTEMBER EVENTS



Please join your child for a special Grandparents Day Celebration from 2:30 to 3:00 on 9/11/09.

All grandparents or special grand friends are invited to visit with your child at KIDS FIRST on your special day.



NEWS FROM THE TREATMENT ROOMS

The **Tadpoles** would like to give a happy welcome to Payton, Cory, and Kaleb as they have joined us from the baby room. They have all adjusted well. During the month of September we will be talking about back to school, apples, farms, and transportation.

The **Toddler** room will be very busy throughout the month of September. The magic words "Thank you", and "Please" got off to a good

start as we welcomed three new little faces from the Tadpole room. With Layton, Lucas and Slayde now in the Toddler room, our boys outnumber our only little girl six to one. But that's ok, we all get along just fine. We said farewell to Giana, Kayden and Samuel with the hope that each of them take good self control, some patience, and love for one another with them to their new treatment room. In August, we learned

about ourselves, our body, and our family. Each of us are alike in so many ways but are also different in our own special ways. Beautiful brown eyes outnumbered blue eyes and dark hair was prominent over blond in our group of special children.

The **Baby room, Big Kids, Pre K I and Pre K II** rooms have all been very busy and are enjoying the wonderful weather we have been having lately.



Thought for the Day

Life isn't about waiting for the storm to pass....

It's about learning to dance in the rain.

EARLY INTERVENTION.....THE KEY TO SUCCESS



News from the Kitchen

Mrs. Mary would like to share information she acquired during a workshop she attended in Little Rock recently. At meal time, age appropriate utensils should be used, including a fork as well as a spoon. Although the USDA requires only three food components be given to preschool children, the KIDS FIRST program requires four, including meat, veggie, fruit and milk.

Scenes from KIDS FIRST open house.



2009 BEV AWARD OF EXCELLENCE WINNER

LA TOYA SCOTT, LSW

