

KIDS FIRST KOURIER

Project Nurture

Nurturing Idea for September

Special points of interest:

- **Labor Day 9/1**
- **Grandparents Day 9/12**

Play hide-and-seek in the backyard to illustrate how your family is a safe place. Designate a specific point (a tree, shed, etc.) as a "safe" place. When anyone gets to the safe place, he is safe and cannot be caught. Choose one person to be it who will hide his eyes and count to 20. Everyone else should find a hiding place. The object of the game is to get to the safe place. (Let your little ones get to the safe place as often as possible.) After the game, talk to your child about how good it feels to be in the safe place, and how your family is a safe place for you and your child.



What is Project Nurture?

Project Nurture is KIDS FIRST's Infant Mental Health Program. Our goal is to promote the social and emotional well-being of KIDS FIRST infants, toddlers, and families through secure and nurturing relationships.

Keep your child safe at school with these clothing tips. Have them wear shoes that fit properly and either tie or Velcro. They're less likely to cause accidents than floppy shoes such as sandals. Also avoid baggy clothes and cords or strings on clothing that can get caught in playground equipment.



Pattern Practice

Learning about patterns will give your child a head start in math. Try these activities together:

- *Make a block tower, starting with a yellow block, then a blue one, and then another yellow block. Challenge your child to keep the pattern going.



CLASSROOM 10

Ms. Valarie and Ms. ShaCoya are excited about their new kids and their new parents. The parents are very cooperative in helping with daily homework.

SOME TIPS ON HOW PARENTS CAN MOTIVATE THEIR CHILDREN TO DO HOMEWORK:

1. PROVIDE A WELL-LIT WORK AREA, EQUIPPED WITH NEEDED SUPPLIES
2. CONTROL AND LIMIT MEANINGFUL DISTRACTIONS
3. HELP YOUR CHILD DEVELOP A DAILY SCHEDULE OF HOMEWORK AND OTHER ACTIVITIES
4. BE SUPPORTIVE AND ENCOURAGING.
5. PRAISE EFFORT AND INDEPENDENCE



PERFECT ATTENDANCE FOR AUGUST

Rachel B.
 Nikoria W.
 Andrew W.
 LaShunda B.
 Jae'Veon B.
 Donald D.
 Christian H.
 Carter H.
 Ja'voni J.
 Dante K.
 Tres K.
 Amarion S.

Josiah S.
 Kaniyah S.
 Mandrell U.
 Andrew W.



Seven Encouraging Things Your Child Would Love to Hear:

1. You're doing a great job!
2. I'm very proud of you!
3. EXCELLENT!
4. TERRIFIC!
5. Keep up the good work!
6. Way to go!
7. That's really nice!

SEPTEMBER BIRTHDAYS

Buster B. 9/25	Traven G. 9/8
Quenton B. 9/4	Francis K. 9/16
Keon C. 9/13	Andrew W. 9/27
Stephen D. 9/7	
Kiara G. 9/6	
Jamya H. 9/8	
Emily K. 9/16	

Employee Birthdays

Margo S. 9/11
 Katrina M. 9/26



Dr. Ashcraft's Clinics are

 September 24 and 27

ANNOUNCEMENTS

Annual Conference For Autism
 September 2, 16 and 30
 6:00 p.m.—9:00 p.m. (all on Thursday)
 Location: Jenkins Memorial Ctr.
 2410 Rike Dr.
 Pine Bluff, AR 870-534-2035
 Certificate for Training Hours Provided

 Child Care Provided



GRANDPARENTS

Grandparents bestow upon their grandchildren
 The strength and wisdom that time
 And experience have given them.
 Grandchildren bless their Grandparents
 With a youthful vitality and innocence
 That help them stay young at heart forever.
 Together they create a chain of love
 Linking the past with the future.
 The chain may lengthen,
 But it will never part...
 Grandparents Day 9/12